

## ERCp

### PREPARATION INSTRUCTIONS

**Patient's Name:** \_\_\_\_\_

**Procedure Location:** **Sequoia Hospital**  
170 Alameda de las Pulgas  
Redwood City, CA

**Date and Time of Procedure:** \_\_\_\_\_

**Arrival Time:** \_\_\_\_\_

**Purpose of Procedure:**

To evaluate the bile ducts and pancreas using a flexible endoscope with dye injection

**Preparation:**

- **Seven Days Before:** Stop taking any aspirin, Coumadin, Lovenox, Plavix, or NSAIDs (e.g. ibuprofen, Motrin, Advil, Nuprin, Aleve, Naprosyn, etc.). Tylenol, Celebrex, Bextra, and Mobic are O.K. to take as directed.
- **Nothing to eat or drink after**
  - a. Midnight if procedure is before noon.
  - b. 8:00 a.m. on day of exam if procedure is after noon. (Breakfast of only liquids).
  - c. You may take any necessary medications with sips of water on the day of the exam.
- **Register** in admitting department **2 hours** before the procedure. You will be directed to the short stay dept. Arrange for someone to drive or escort you home and be prepared to be at the hospital for at least **4 hours** (and possibly overnight).

**Please note:**

- If you are diabetic or take blood thinners check with your doctor about specific instructions.
- Please call the Digestive Care Medical Center at (650) 596-8118 or our Office at (650) 596-8800 for any questions about the preparation or procedure.
- Please call (650) 596-8800 at least 7 days prior to exam if you must cancel.
- The above procedure may result in a bill from our office, Sequoia Hospital, a radiologist, and possibly a pathologist. All three of these providers may not be in your insurance company network.